



My Visit to the Dental Hub

Small Hub

Standard Story



I have arrived at the Bee Healthy Dental Hub for my appointment.



I will enter through the front door.



I will wait in the waiting room until the oral health therapist comes to get me for my appointment.



The therapist will come and get me from the waiting room.
They might be wearing a colourful gown, mask, a visor, and gloves.
They are very friendly and happy to see you.



I will walk down the corridor to the dental room.



I will arrive at the dental room.



I will sit down in the big blue dental chair.



There are sunglasses I can wear to protect my eyes from the bright lights.



There is a metal tray with tools attached to the dental chair.



There is a bright light above my head to help the dental therapist see my teeth.



There will be a TV on the ceiling for me to watch during my appointment. I can ask for it to be turned on.
If I don't want it on I can ask for it to be turned off.



When I am ready, the therapist will lay the chair back so I am lying down.



The therapist will use a mirror, probe, and tweezers to check my teeth.



The therapist might put a cotton roll in my mouth with the tweezers.

The cotton roll is soft and feels a bit dry.



The mirror is used to look around my mouth at all of my teeth.



The probe is used to gently feel my teeth to see how healthy they are.



The therapist might use this tool to blow air on my teeth.
This helps them to see my teeth better.



The therapist might take a picture of my teeth called an x-ray. They will use this machine to take the picture.



The therapist might paint some fluoride varnish on my teeth using a small paint brush.



The brush is soft.
The fluoride varnish tastes sweet and feels a bit sticky.
This protects my teeth and makes them strong.

Dear Parent/Caregiver:

BeeHealthy
Regional Dental Service

had a dental check with
Bee Healthy Regional Dental Service today.

- ☐ No further treatment is required
- ☐ If your child requires further treatment, you will be contacted by Bee Healthy in the next 3 weeks.
If you wish to contact us in the meantime, please dial 0800 TALK TEETH (825 583)



My appointment has finished. I can sit up and choose a sticker!
I might get a letter to take home to my parents. It tells them what my teeth look like and when my next visit will be.

Other social stories available:

- Mobile Dental Van – standard
- Mobile dental van – simplified
- Small hub - simplified

<https://www.beehealthy.org.nz/resources/>



Youtube videos:

There are also a variety of YouTube videos explaining a dental visit, dental treatments, and common oral health concerns:

<https://www.youtube.com/@BeeHealthyDentalService/videos>

