



# My Visit to the Dental Hub Selby House



175A

**Bee Healthy**  
Personal Dental Services  
0800 825 583  
1800 TALK 2EETH  
www.beehealthy.co.nz



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I have arrived at the Bee Healthy Dental Hub for my appointment.



I will enter through the front door.



I will tell the reception staff that I have arrived for my appointment.



I will wait in the waiting room until the dental therapist comes to get me for my appointment.



I can ask for the TV to be turned on,  
Or turned off if it is too loud.



The dental therapist will come and get me from the waiting room.

They might be wearing a colourful gown, mask, a visor, and gloves.



I will walk to my dental room.



The dental room I'm going to might be upstairs or downstairs.

If it is upstairs I will walk up the stairs with the staff.



I will arrive at the dental room.



I will sit down in the big blue dental chair.



There are sunglasses I can wear to protect my eyes from the bright lights.



There is a metal tray with tools attached to the dental chair.



There is a bright light above my head to help the dental therapist see my teeth.



There is a TV on the ceiling.

I can ask for it to be turned on so I can watch a show during my appointment.

If I don't want it on I can ask for it to be turned off.



When I am ready, the dental therapist will lay the chair back  
so I am lying down.



The dental therapist will use a mirror, probe, and tweezers to check my teeth.



The dental therapist might put a cotton roll in my mouth with the tweezers.

The cotton roll is soft and feels a bit dry.



The mirror is used to look around my mouth at all of my teeth.



The probe is used to gently feel my teeth to see how healthy they are.



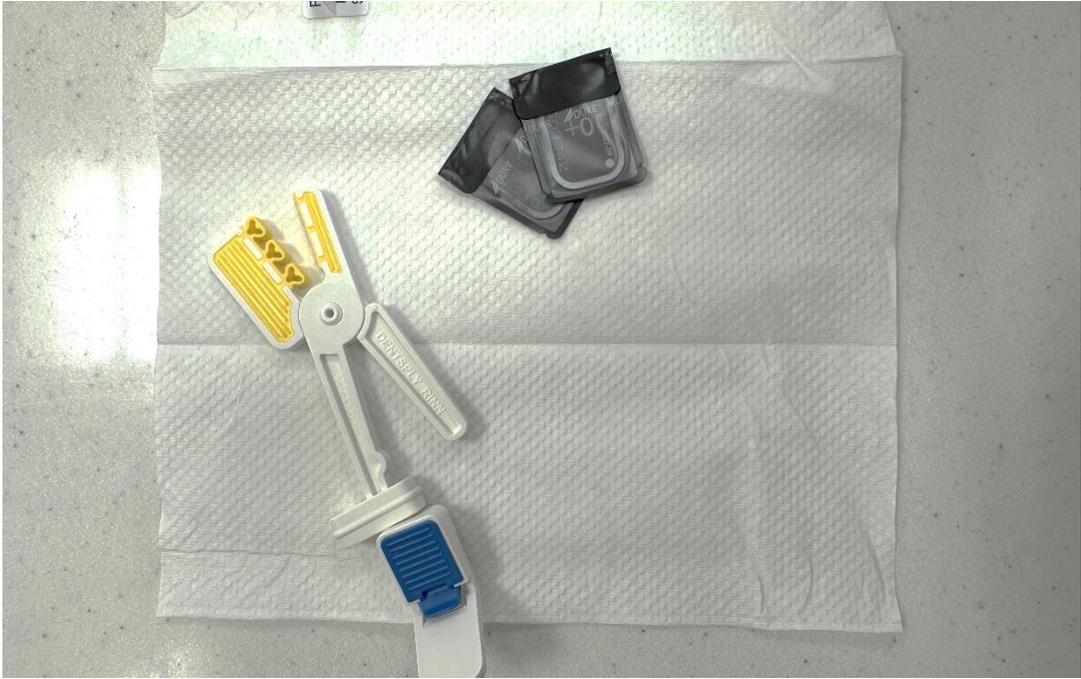
The dental therapist might use this tool to blow air on my teeth.

This helps them to see my teeth better.



The dental therapist might take a picture of my teeth called  
an x-ray.

They will use this machine to take the picture.



I will need to put this plastic piece in my mouth to get a good picture of my teeth.



The plastic piece sits inside my mouth and I bite down on it.



I will sit on a chair while the x-ray is taken.

I need to sit very still while the dental therapist takes the  
photo.

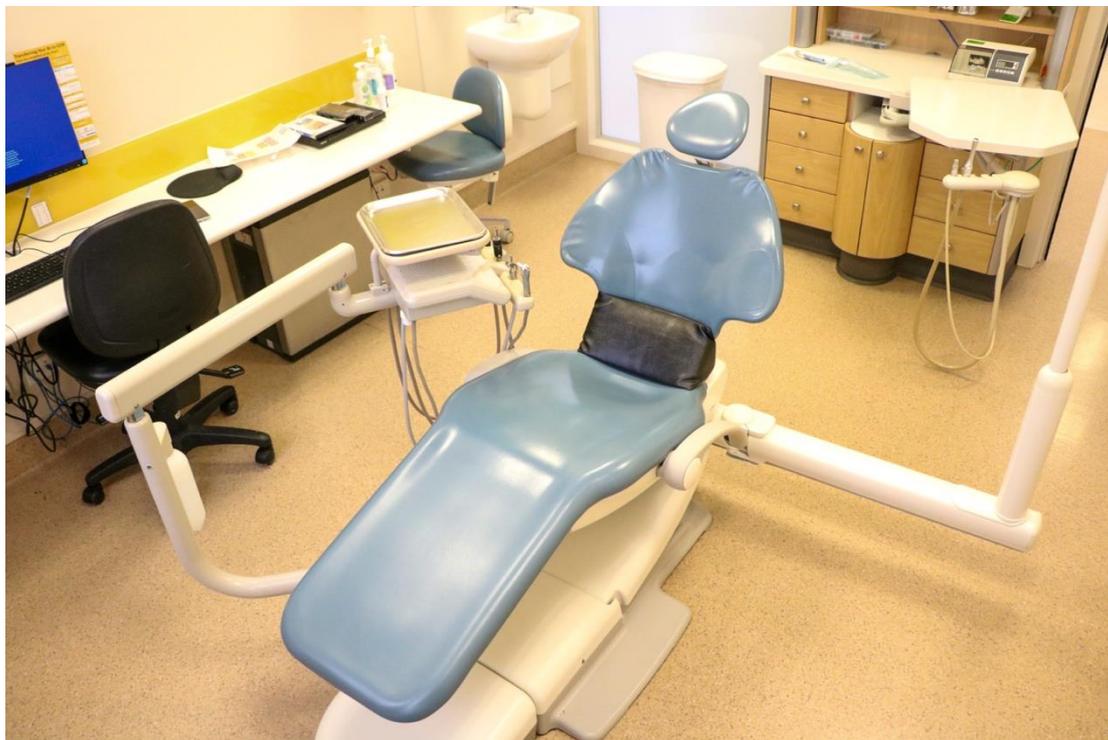


The dental therapist might paint some fluoride varnish on my teeth using a small paint brush.



The fluoride varnish tastes sweet and feels a bit sticky.

This protects my teeth and makes them strong.



My appointment has finished. I can sit up and go home.

I might get a letter to take home to my parents.

It tells them what my teeth look like and when my next visit  
will be.

